



MAY 2019

Westview Dining

680 Central Avenue, Albany, NY

Lunch 12:00 PM · For reservations call 518-482-2120 by 1:30 pm the day before the meal.

Monday	Tuesday	Wednesday 1	Thursday 2	Friday 3
		<p>A. Chicken Parmesan w/ Cheese Dinner Salad Pasta Whole Wheat Bread Strawberries w/ Whipped Topping</p> <p>B. Baked Fish</p>	<p>A. Pepper Steak w/ Onion Over Noodles Beets Whole Wheat Bread Lemon Cake</p> <p>B. Tuna Salad Sandwich w/Lettuce & Tomato Carrot Raisin Salad Grape Juice</p> <p>C. Baked Fish</p>	<p>A. Turkey Ruben Sandwich Tomato Soup Rye Bread Mixed Berries w/ Whipped Cream</p> <p>B. Baked Fish</p>
Monday 6	Tuesday 7	Wednesday 8	Thursday 9	Friday 10
<p>A. Chicken Devon w/ Broccoli, Carrots Pasta Whole Wheat Bread Tropical Fruit Salad</p> <p>B. Baked Fish</p>	<p>A. 2 Lasagna Roll-Ups Dinner Salad Dinner Roll Peaches & Cream</p> <p>B. Seafood Salad Sandwich w/ Lettuce & Tomato Broccoli Salad Whole Wheat Hotdog Bun</p> <p>C. Baked Fish</p>	<p>A. Ham & Bean Casserole Spinach Grape Juice Corn Bread Lemon Pudding</p> <p>B. Baked Fish</p>	<p>A. Roasted Turkey w/Gravy Mashed Potatoes Broccoli & Cauliflower Whole Wheat Stuffing Applesauce Cake</p> <p>B. Ham Salad Sandwich w/Lettuce & Tomato Macaroni Salad Three Bean Salad Rye Bread</p> <p>C. Baked Fish</p>	<p>A. Shrimp Scampi over Pasta Sautéed Summer Squash Dinner Salad Whole Wheat Dinner Roll Black Forest Cake</p> <p>B. Baked Fish</p>

Monday 13	Tuesday 14	Wednesday 15	Thursday 16	Friday 17
<p>A. BBQ Chicken California Blended Veggies Oven Roasted Sweet Potatoes Dinner Roll Oatmeal Raisin Cookie</p> <p>B. Baked Fish</p>	<p>A. Beef Tips w/ Gravy over Noodles Parsley Carrots Blended Fruit Juice Whole Wheat Bread Birthday Cake w/ Applesauce</p> <p>B. Chef Salad w/ Munster Cheese, Turkey and Hard Boiled Egg Ranch Dressing Fruit Juice</p> <p>C. Baked Fish</p>	<p>A. Chicken Cacciatore Tomato & Peppers Broccoli Rice Dinner Roll Pineapple</p> <p>B. Baked Fish</p>	<p>A. Roast Pork w/ Gravy Mashed Potatoes Green Beans Stuffing Applesauce</p> <p>B. Turkey Sandwich w/Lettuce & Tomato Potato Salad Grape Juice Whole Wheat Bread Applesauce</p> <p>C. Baked Fish</p>	<p>A. Lemon Garlic Fish Whipped Sweet Potatoes Sautéed Summer Squash Dinner Roll Brownie</p> <p>B. Egg Salad Sandwich Broccoli Apple Juice Whole Wheat Bread</p> <p>C. Baked Chicken</p>
Monday 20	Tuesday 21	Wednesday 22	Thursday 23	Friday 24
<p>A. American Goulash Dinner Salad Whole Wheat Bread Oreo Cookies</p> <p>B. Baked Fish</p>	<p>A. Baked Chicken w/Mushroom Gravy Green Beans Whipped Sweet Potatoes Rye Bread Strawberry Shortcake</p> <p>B. Turkey and Swiss Cheese Sandwich Lettuce and Tomato Coleslaw w/ Carrots V-8 Juice Whole Wheat Bread</p> <p>C. Baked Fish</p>	<p>A. Turkey Tetrazzini over Spaghetti Brussels Sprouts Fruit Punch Whole Wheat Bread Applesauce Cake</p> <p>B. Baked Fish</p>	<p>A. Cheeseburger Seasoned Roasted Potatoes Broccoli Whole Wheat Bun Pears</p> <p>B. Chicken BLT Pasta Salad on a Bed of Lettuce Three Bean Salad Dinner Roll</p> <p>C. Baked Fish</p>	<p>A. Hot Dog Potato Salad Coleslaw Watermelon Hot Dog Bun Vanilla Ice Cream Cup w/ Fudge Sauce</p> <p>B. Baked Fish</p>

Monday 27	Tuesday 28	Wednesday 29	Thursday 30	Friday 31
<p>Closed</p>	<p style="text-align: center;">A. Mac & Cheese Seasoned Zucchini & Tomatoes Dinner Roll Pineapple</p> <p style="text-align: center;">B. Tuna Salad Platter on a Bed of Lettuce & Tomato Spinach Salad w/ Mandarin Oranges Whole Wheat Bread</p> <p style="text-align: center;">C. Baked Fish</p>	<p style="text-align: center;">A. Honey Mustard Chicken Rice Pilaf Green Beans Apple Juice Whole Wheat Bread Chocolate Pudding</p> <p style="text-align: center;">B. Baked Fish</p>	<p style="text-align: center;">A. BBQ Pulled Pork Seasoned Oven Roasted Potatoes Coleslaw w/ Carrots Whole Wheat Bun Oatmeal Raisin Cookie</p> <p style="text-align: center;">B. Chicken Waldorf Salad w/ Apples, Grapes, & Walnuts on a Bed of Lettuce Coleslaw w/ Carrots</p> <p style="text-align: center;">C. Baked Fish</p>	<p style="text-align: center;">A. Meatloaf w/ Mushroom Gravy Whipped Sweet Potatoes Broccoli Whole Wheat Bread Applesauce</p> <p style="text-align: center;">B. Ham & Swiss Cheese Sandwich w/ lettuce & Tomato Carrot Pineapple Salad</p> <p style="text-align: center;">C. Baked Fish</p>

May 2019
Westview Dining 680 Central Avenue, Albany, NY
Dinner 5:00 PM · For reservations call 518-482-2120 by 1:30 pm the day before the meal.

Monday	Tuesday	Wednesday 1	Thursday	Friday
		A. Roast Beef w/ Gravy Mashed Potatoes Carrots Whole Wheat Bread Blueberry Crisp B. Baked Fish		
		Wednesday 8		
		A. BBQ Chicken Thighs Potato Salad w/ Carrots Brussels Sprouts Dinner Roll Vanilla Pudding Tart B. Baked Fish		
		Wednesday 15		
		A. Loaded Mac & Cheese w/ Chicken and Bacon Crumble Broccoli Apple Juice Whole Wheat Bread Strawberries w/ Whipped Topping B. Baked Fish		
		Wednesday 22		
		A. BBQ Pulled Pork Coleslaw Three Bean Salad Whole Wheat Hamburger Bun Vanilla Ice Cream w/ Warm Apples B. Baked Fish		
		Wednesday 29		
		Cheeseburger w/ Lettuce, Tomato, and Onion Seasoned Potato Wedges California Blended Veggies Whole Wheat Hamburger Bun Fresh Seasoned Fruit Cup B. Baked Fish		

Congregate Dining is funded in large part through support from the Albany County Department for Aging, the New York State Office for Aging, and the Administration on Aging. Additional support for this program comes from donors and community businesses like you. There is a \$3.00 suggested contribution towards the cost of the meal. No one will be turned away due to an inability to make a contribution. All meals are served with 1% milk. 5/1/2019