



Offering Choice, Independence
and Dignity

May 2019

OHAV Sholom Dining

115 Krumkill Rd, Albany

*Dinner 5:00 PM for reservations call 518-489-5531 by 3:00 pm
the day before the meal*

Monday	Tuesday	Wednesday 1	Thursday	Friday
		A. Roast Beef w/ Gravy Mashed Potatoes Carrots Whole Wheat Bread Blueberry Crisp B. Baked Fish		
		Wednesday 8		
		A. BBQ Chicken Thighs Potato Salad w/ Carrots Brussels Sprouts Dinner Roll Vanilla Pudding Tart B. Baked Fish		
		Wednesday 15		
		A. Loaded Mac & Cheese w/ Chicken and Bacon Crumble Broccoli Apple Juice Whole Wheat Bread Strawberries w/ Whipped Topping B. Baked Fish		
		Wednesday 22		
		A. BBQ Pulled Pork Coleslaw Three Bean Salad Whole Wheat Hamburger Bun Vanilla Ice Cream w/ Warm Apples B. Baked Fish		
		Wednesday 29		
		Cheeseburger w/ Lettuce, Tomato, and Onion w/ Swiss Cheese Seasoned Potato Wedges California Blended Veggies Whole Wheat Hamburger Bun Fresh Seasoned fruit Cup B. Baked Fish		

*Congregate Dining is funded in large part through support from the Albany County Department for Aging, the New York State Office for Aging, and the Administration on Aging. Additional support for this program comes from donors and community businesses like you. There is a \$3.00 suggested contribution towards the cost of the meal. No one will be turned away due to an inability to make a contribution. All meals are served with milk. **Some items may be subject to last-minute substitution. 5/1/2019***