

Monday	Tuesday	Friday 3
		<p>A. Turkey Ruben Sandwich Tomato Soup Rye Bread Mixed Berries w/ Whipped Cream</p> <p>C. Baked Fish</p>
6	7	10
<p>A. Chicken Devon w/ Broccoli, Carrots Pasta Whole Wheat Bread Tropical Fruit Salad</p> <p>B. Baked Fish</p>	<p>A. 2 Lasagna Roll-Ups Dinner Salad Dinner Roll Birthday Cake w/ Applesauce</p> <p>B. Seafood Salad Sandwich w/ Lettuce & Tomato Broccoli Salad Whole Wheat Hotdog Bun</p> <p>C. Baked Fish</p>	<p>A. Shrimp Scampi over Pasta Sautéed Summer Squash Dinner Salad Whole Wheat Dinner Roll Black Forest Cake</p> <p>C. Baked Chicken</p>
13	14	17
<p>A. BBQ Chicken California Blended Veggies Oven Roasted Sweet Potatoes Dinner Roll Oatmeal Raisin Cookie</p> <p>B. Fish</p>	<p>A. Beef Tips w/ Gravy over Noodles Parsley Carrots Blended Fruit Juice Whole Wheat Bread Rice Pudding</p> <p>B. Chef Salad w/ Munster Cheese, Turkey and Hard Boiled Egg Ranch Dressing Fruit Juice</p> <p>C. Baked Fish</p>	<p>A. Lemon Garlic Fish Mashed Sweet Potatoes Sautéed Summer Squash Dinner Roll Brownie</p> <p>B. Egg Salad Sandwich Broccoli Apple Juice Whole Wheat Bread</p> <p>C. Baked Chicken</p>

20	21	24
<p>A. American Goulash Dinner Salad Whole Wheat Roll Oreo Cookies</p> <p>B. Baked Fish</p>	<p>A. Baked Chicken w/Mushroom Gravy Green Beans Whipped Sweet Potatoes Rye Bread Strawberry Shortcake</p> <p>B. Turkey and Swiss Cheese Sandwich Lettuce and Tomato Coleslaw w/ Carrots V-8 Juice Whole Wheat Bread</p> <p>C. Baked Fish</p>	<p>A. Hot Dog Potato Salad Coleslaw Watermelon Hot Dog Bun Vanilla Ice Cream Cup w/ Fudge Sauce</p> <p>C. Baked Fish</p>
27	28	31
<p>CLOSED</p>	<p>A. Mac & Cheese Seasoned Zucchini & Tomatoes Whole Wheat Bread Pineapple</p> <p>B. Tuna Salad Platter on a Bed of Lettuce & Tomato Spinach Salad w/ Mandarin Oranges Whole Wheat Bread</p> <p>C. Baked Fish</p>	<p>A. Meatloaf w/ Mushroom Gravy Whipped Sweet Potatoes Broccoli Whole Wheat Bread Applesauce</p> <p>B. Ham & Swiss Cheese Sandwich w/ Lettuce & Tomato Carrot Pineapple Salad</p> <p>C. Baked Fish</p>

*Congregate Dining is funded in large part through support from the Albany County Department for Aging, the New York State Office for Aging, and the Administration on Aging. Additional support for this program comes from donors and community businesses like you. There is a \$3.00 suggested contribution towards the cost of the meal. No one will be turned away due to an inability to make a contribution. All meals are served with 1% milk. **Some items may be subject to last-minute substitutions.***

5/1/2019