



Offering Choice, Independence
and Dignity

March 2019

OHAV Sholom Dining

115 Krumkill Rd, Albany

**Dinner 5:00 PM for reservations call 518-489-5531 by 3:00 pm
the day before the meal**

Monday	Tuesday	Wednesday 6	Thursday	Friday
		A. Lasagna Roll-Ups Dinner Salad Whole Wheat Dinner Roll <i>Pineapple Chunks</i> B. Baked Fish		
		Wednesday 13		
		A. Corned Beef Boiled Cabbage Boiled Potatoes Carrots Rye Bread <i>Strawberries with cream</i> B. Baked Fish		
		Wednesday 20		
		A. Beef Tips w/ Gravy over Noodles Brussels Sprouts Orange Juice Whole Wheat Bread <i>Apple Pie</i> B. Baked Fish		
		Wednesday 27		
		Roast Turkey w/ Gravy and Cranberry Sauce Mashed Potatoes Green Beans Apple Juice Whole Wheat Stuffing <i>Lemon Meringue Pie</i>		

*Congregate Dining is funded in large part through support from the Albany County Department for Aging, the New York State Office for Aging, and the Administration on Aging. Additional support for this program comes from donors and community businesses like you. There is a \$3.00 suggested contribution towards the cost of the meal. No one will be turned away due to an inability to make a contribution. All meals are served with milk. **Some items may be subject to last-minute substitution. 3/1/2019***