

**SEPTEMBER 2018**  
**Westview Dining**  
680 Central Avenue, Albany, NY  
*Lunch 12:00 PM · For reservations call 518-482-2120 by  
1:30 pm the day before the meal.*

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
<b>Labor Day Holiday</b>	<p><b>A. Turkey w/ Gravy</b> Mashed Potatoes Peas &amp; Carrots Wheat Stuffing <i>Applesauce Cake</i></p> <p><b>B. Roast Beef Sandwich</b> Lettuce &amp; Tomatoes Pickled Beet Salad Pineapple Orange Juice Rye Bread</p> <p align="center"><b>C. Fish</b></p>	<p><b>Chicken Parmesan</b> Dinner Salad Pasta Wheat Bread</p> <p align="center"><i>Birthday Cake</i></p> <p align="center">C. Fish</p>	<p><b>A. Pepper Steak &amp; Onions</b> Egg Noodles Beets Wheat Bread <i>Lemon Cake</i></p> <p><b>B. Tuna Salad Sandwich</b> Carrot Raisin Salad Grape Juice</p> <p align="center"><b>C. Baked Fish</b></p>	<p><b>A. Roasted Pork Loin w/Gravy</b> Scalloped Potatoes Carrots Rye Bread Cinnamon Applesauce</p> <p align="center"><b>B. Baked Fish</b></p>
<b>Monday 10</b>	<b>Tuesday 11</b>	<b>Wednesday 12</b>	<b>Thursday 13</b>	<b>Friday 14</b>
<p><b>A. Chicken primavera</b> Pasta Wheat Bread Tropical Fruit Salad</p> <p><b>B. BLT Bowtie Pasta Salad w/ chicken V8 Juice</b></p> <p>C. Baked Fish</p>	<p><b>A. Sloppy Joe</b> Roasted Red Potatoes Sautéed Summer Squash Hamburger Bun <i>Watermelon</i></p> <p><b>B. Pita Sandwich w/ Chicken, Hummus, and vegetables</b> Sliced Cucumbers</p> <p align="center"><b>C. Baked Fish</b></p>	<p><b>Ham &amp; Bean Casserole</b> Spinach Corn Bread Blueberry w/Vanilla Yogurt Parfait</p> <p align="center"><i>C.Fish</i></p>	<p><b>A. Baked Ziti w/ Cheese</b> Dinner Salad Dinner Roll Peaches &amp; Cream</p> <p><b>B. Seafood Salad Sandwich</b> Dinner Salad Macaroni Salad Hot Dog Bun Fresh Melon</p> <p align="center"><b>C. Baked Fish</b></p>	<p><b>A. Beef Stroganoff</b> Braised Red Cabbage Egg Noodles Wheat Biscuit Applesauce Brownie</p> <p align="center"><b>C. Baked fish</b></p>
<b>Monday 17</b>	<b>Tuesday 18</b>	<b>Wednesday 19</b>	<b>Thursday 20</b>	<b>Friday 21</b>

<p><b>A. BBQ Chicken</b> California Blended Roasted Sweet Potatoes Dinner Roll Mandarin Oranges Oatmeal Raisin Cookie</p> <p><b>B. Chicken Salad Sandwich on Wheat</b> Carrot Raisin Salad Orange Juice Wheat Bread Chocolate Pudding</p> <p><b>C. Baked Fish</b></p>	<p><b>A. Roasted Pork w/ Gravy</b> Mashed Potatoes Green Beans Stuffing <i>Wheat Bread</i> <i>Applesauce</i></p> <p><b>B. Chef Salad w/ Munster, Turkey, Boiled Egg</b></p> <p><b>C. Baked Fish</b></p>	<p><b>Chicken Cacciatore</b> Broccoli Rice Dinner Roll Pineapple</p> <p>C. Fish</p>	<p><b>A. Beef Tips w/ Brown Gravy</b> Egg Noodles Parsley Carrots <i>Fruit Juice</i> <i>Wheat Bread</i> <i>Rice Pudding</i></p> <p><b>B. Turkey Sandwich</b> Potato Salad</p> <p><b>C. Fish</b></p>	<p><b>A. BLT Bow Tie Pasta Salad w/ Chicken</b> Cucumber Radish Salad Pineapple Juice Wheat Bread Oatmeal Cookie</p> <p><b>B. Egg Salad Sandwich</b> Pickled Beets Apple Juice</p> <p><b>C. Baked Fish</b></p>
<p><b>Monday 24</b></p>	<p><b>Tuesday 25</b></p>	<p><b>Wednesday 26</b></p>	<p><b>Thursday 27</b></p>	<p><b>Friday 28</b></p>
<p><b>A. American Goulash</b> Dinner Salad Pasta <i>Whole wheat bread</i> <i>Mandarin Oranges</i></p> <p><b>B. Chef Salad w/ Munster, Turkey, Boiled Egg</b></p> <p><b>C. Baked Fish</b></p>	<p><b>A. Baked Chicken w/ Mushroom Gravy</b> Green Beans Whipped Sweet Potatoes Rye Bread Strawberry Shortcake</p> <p><b>C. Baked Fish</b></p>	<p><b>A. Cheese Burger</b> Roasted Potatoes Broccoli Hamburger Bun Pears</p> <p><b>B. Turkey and Cheese Wrap</b> Carrot &amp; Raisin Salad V-8 Juice Pears</p> <p><b>C. Baked Fish</b></p>	<p><b>A. Turkey Tetrazzini w/ Peas</b> Spaghetti Brussels' Sprouts Orange Juice <i>Wheat Bread</i> <i>Applesauce Cake</i></p> <p><b>B. Cottage Cheese w/ Boiled Egg, and Peaches</b> Pickled Beet Salad</p> <p><b>C. Baked Fish</b></p>	<p><b>Potato Crunch Fish</b> Mashed Potatoes Peas &amp; Carrots Rye Bread Peaches</p> <p><b>C. Baked Chicken</b></p>



Offering Choice, Independence  
and Dignity

## September 2018

### Westview Dining

680 Central Avenue, Albany, NY

*Dinner 5:00 PM · For reservations call 518-482-2120 by 1:30 pm  
the day before the meal.*

Monday	Tuesday	Wednesday	Thursday	Friday
		<b>5</b>		<b>7</b>
		<b>Roast Beef w/ Gravy</b> Mashed Potatoes Carrots Wheat Bread Blueberry Crisp  <b>C.Baked Fish</b>		
		<b>12</b>		
		<b>Ziti w/ Meatballs</b> Dinner Salad Italian Dressing Wheat Bread Sugar Cookie  <b>C. Baked Fish</b>		
		<b>19</b>		
		<b>Loaded Mac &amp; Cheese</b> Broccoli Apple Juice Wheat Bread Strawberries w/ Whipped Topping  <b>C. Baked Fish</b>		
		<b>26</b>		
		<b>BBQ Pulled Pork on Wheat Bun</b> Coleslaw Three Bean Salad Vanilla Ice Cream w/ Apple Slices  <b>C.Baked Fish</b>		



