



September 2017

Westview Dining

680 Central Avenue, Albany, NY

Lunch 12:00 PM · For reservations call 518-482-2120 by 1:30 pm the day before the meal.

Monday	Tuesday	Wednesday	Thursday	Friday
				1
				Cheese burgers w/ Swiss cheese on wheat bun Lettuce, Tomatoe Three bean salad Apple Juice Blueberry Crisp
4	5	6	7	8
Holiday closed	Turkey w/Gravy Mashed Potatoes Peas & Carrots Wheat Stuffing Applesauce Cupcake	Baked Fish Mashed Sweet Potatoes Cauliflower Wheat Dinner Roll Birthday Cake	Roasted Pork Loin w/Gravy Roasted Red Potatoes Carrots Rye Bread Cinnamon Applesauce	Pepper Steak Summer Squash Rice Wheat Bread Lemon Cake
11	12	13	14	15
Chicken Primavera (Italian Blended Veggies) Pasta Wheat Bread Tropical Fruit Salad	Ham & Bean Casserole Spinach Corn Bread Blueberries w/Vanilla Yogurt Parfait	Sloppy Joe on Wheat Bun Seasoned Zucchini & Tomato Watermelon	Honey Mustard Chicken Seasoned Oven Roasted Sweet Potatoes California Blend Wheat Bread Brownie	Chef Salad w/Ham, Swiss, Hard Boiled Egg Salad Dressing Blended Fruit Punch Wheat Bread Lemon Cake
18	19	20	21	22
BBQ Chicken California Blended Mashed Sweet Potatoes Dinner Roll Chocolate Pudding	Roast Pork w/Gravy Mashed Potatoes Carrots Wheat Stuffing Wheat Bread Applesauce	Cheeseburger on Wheat Bun Seasoned Roasted Potatoes Broccoli Pears	Baked Chicken w/Mushroom Gravy Italian Blended Veggies Rice Rye Bread Strawberry Shortcake	Lemon Garlic Baked Fish Baked Sweet Potato Spinach Wheat Dinner Roll Fresh Melon Cup
25	26	27	28	29
American Goulash Italian Blended Wheat Bread Applesauce Cake	Chicken Cacciatore Broccoli Rice Wheat Bread Pears	Beef Tips w/Brown Gravy Parsley Carrots Egg Noodles Wheat Bread Tropical Fruit Salad	Turkey Tetrazzini w/Peas Brussel Sprouts Wheat Bread Mandarin Oranges	BLT Bow Tie Pasta Salad w/Chicken Cucumber radish Salad Wheat Bread Pineapple Juice Oatmeal Cookies



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Dinner 5:00 PM · For reservations call 518-482-2120 by 1:30 pm the day before the meal.

Monday	Tuesday	Wednesday	Thursday	Friday
		6		
		Pot Roast w//Gravy Mashed Potatoes Spinach Wheat Bread Blueberry Crisp		
		13		
		Spanish Rice w/Beef & Beans Romaine, Radish, Cucumber Salad French Dressing Corn Bread Strawberries w/Whipped Cream		
		20		
		BBQ Chicken Thighs Potato Salad Spinach Dinner roll Vanilla Pudding Tart		
		27		
		Loaded Mac & Cheese (Chopped Chicken & Bacon Crumbles) Broccoli Apple Juice Wheat Bread Blueberry Tart w/Whip Topping		

*Congregate Dining is funded in large part through support from the Albany County Department for Aging, the New York State Office for Aging, and the Administration on Aging. Additional support for this program comes from donors and community businesses like you. There is a \$3.00 suggested contribution towards the cost of the meal. No one will be turned away due to an inability to make a contribution. All meals are served with milk. **Some items may be subject to last minute substitution. 8/31/2017***