

**MAY 2017**



**Westview Dining**

**680 Central Avenue, Albany, NY**

**Lunch 12:00 PM · For reservations call 518-482-2120 by 1:30 pm the day before the meal.**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
<b>Breaded Chicken Parm</b> Romaine Salad w/Shredded Carrots, Tomato Salad Dressing Pasta Wheat Bread Peaches	<b>Turkey w/Gravy</b> Mashed Potatoes Peas & Carrots Wheat Stuffing Applesauce Cake	<b>Baked Fish Almandine</b> Mashed Sweet Potato Cauliflower Wheat Dinner Roll  <b>Birthday Cake!</b>	<b>Roasted Pork Loin w/Gravy</b> Roasted Red Potatoes Carrots Rye Bread Cinnamon Applesauce	<b>Pepper Steak w/Onions &amp; Peppers</b> Summer Squash Rice Wheat Bread Lemon Cake
<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>
<b>Chicken Primavera</b> Italian Blended Veggies Pasta Wheat Bread Tropical Fruit Salad	<b>Ham &amp; Bean Casserole</b> Spinach Corn Bread Blueberries w/Vanilla Yogurt Parfait	<b>Sloppy Joe on Wheat Bun</b> Seasoned Zucchini & Tomato Watermelon	<b>Honey Mustard Chicken</b> Seasoned Oven Roasted Sweet Potato California Blended Veggies Wheat Bread Brownie	<b>Chef Salad w/Ham, Swiss, Hard Boiled Egg</b> Salad Dressing Blended Fruit Punch Wheat Bread Lemon Cake
<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>
<b>BBQ Chicken</b> California Blended Veggies Mashed Sweet Potatoes Wheat Dinner Roll Chocolate Pudding	<b>Roast Pork w/Gravy</b> Mashed Potatoes Carrots Wheat Stuffing Wheat Bread Applesauce	<b>Cheeseburger on Wheat Bun</b> Seasoned Roasted Potatoes Broccoli Pears	<b>Baked Chicken w/Mushroom Gravy</b> Italian Blended Veggies Rice Rye Bread Strawberry Shortcake	<b>Lemon Garlic Baked Fish</b> Baked Sweet Potato Spinach Wheat Dinner Roll Fresh Melon Cup
<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>
<b>American Goulash</b> Romaine Salad w/Carrots,, Tomato, Cucumbers Salad Dressing Wheat Bread Applesauce Cake	<b>Chicken Cacciatore</b> Broccoli Rice Wheat Bread Pears	<b>Beef Tips w/Brown Gravy</b> Parsely Carrots Egg Noodles Wheat Bread Tropical Fruit Salad	<b>Turkey Tetrazini w/Peas</b> Brussel Sprouts Wheat Bread Mandarin Oranges	<b>BLT Bow Tie Pasta Salad w/Chicken</b> Cucumber Radish Salad Pineapple Juice Wheat Bread Oatmeal Cookie
<b>29</b>	<b>30</b>	<b>31</b>		
<b>CLOSED</b>	<b>Mac &amp; Cheese</b> Stewed Tomatoes California Blended Veggies Wheat Bread Mandarin Oranges	<b>BBQ Pulled Pork on Wheat Bun</b> Seasoned Oven Roasted Potatoes Cole Slaw Ambrosia Salad		



Offering Choice, Independence  
and Dignity

# MAY 2017



## Westview Dining 680 Central Avenue, Albany, NY

**Dinner 5:00 PM • For reservations call 518-482-2120 by 1:30 pm the day before the meal.**

Monday	Tuesday	Wednesday	Thursday	Friday
		<b>3</b>		
		<b>Pot Roast w/Gravy</b> Mashed Potatoes Spinach Wheat Bread Blueberry Crisp		
		<b>10</b>		
		<b>Spanish Rice w/Beef &amp; Beans</b> Romaine Salad w/Radish, Cucumbers French Dressing Corn Bread Strawberries w/Whip Topping		
		<b>17</b>		
		<b>BBQ Chicken Thighs</b> Potato Salad Spinach Egg Noodles Wheat Bread Vanilla Pudding Tart		
		<b>24</b>		
		<b>Loaded Mac &amp; Cheese w/Chicken &amp; Bacon</b> Broccoli Apple Juice Wheat Bread Blueberry Tart w/ Whipped Topping		
		<b>31</b>		
		<b>Burger w/Swiss, Lettuce, Tomato, Onion on Wheat Bun</b> Seasoned Potato Wedges California Blend Veggies Fresh Seasoned Fruit Cup		

*Congregate Dining is funded in large part through support from the Albany County Department for Aging, the New York State Office for Aging, and the Administration on Aging. Additional support for this program comes from donors and community businesses like you. There is a \$3.00 suggested contribution towards the cost of the meal. No one will be turned away due to an inability to make a contribution. All meals are served with milk. **Some items may be subject to last minute substitution. 4/27/2017***