

## MARCH 2018

### Westview Dining

680 Central Avenue, Albany, NY

Lunch 12:00 PM · For reservations call 518-482-2120 by  
1:30 pm the day before the meal.

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			<b>BBQ Pulled Pork</b> Coleslaw w/Carrots Seasoned Red Roasted Potatoes Hamburger Bun Applesauce w/Cinnamon	<b>Tuna Salad sandwich</b> Hearty BeanSoup Pickled Beet Salad Apple juice Wheat Bread Brownie
<b>Monday 5</b>	<b>Tuesday 6</b>	<b>Wednesday 7</b>	<b>Thursday 8</b>	<b>Friday 9</b>
<b>Chicken &amp; Rice</b> Peas & Carrots Grape Juice Wheat Bread Chocolate Chip Cookie	<b>Roasted Turkey w/ Gravy</b> Whipped Sweet Potatoes Carrots Whole Wheat Stuffing Apple Sauce	<b>Sweet &amp; Sour Pork</b> Asian Vegetables Rice Dinner roll Pineapple Chunks	<b>Meatloaf w/Mushroom Gravy</b> Mashed Potatoes Green Beans Corn Bread Pears w/ Vanilla Ice Cream	<b>Potato Crunch Fish</b> Spinach Pineapple Juice Rice Pilaf Wheat Bread Lemon Cake W/ Frosting
<b>Monday 12</b>	<b>Tuesday 13</b>	<b>Wednesday 14</b>	<b>Thursday 15</b>	<b>Friday 16</b>
<b>Chicken Ala King</b> Egg Noodles Peas Wheat Bread Strawberries w/ Whipped Topping	<b>Pork Roast w/Gravy</b> Seasoned Oven Red Roasted Potatoes Carrots Dinner Roll Sliced Apples w/Cinnamon	<b>Chicken Teryaki</b> Rice Asian Vegetables Wheat Bread Pound Cake w/ Mixed Berries	<b>Roast Beef w/Gravy</b> Mashed Potatoes Broccoli Wheat Bread Pumpkin Pudding	<b>Lasagna Roll-Up w/Marinara Sauce</b> Dinner Salad Italian Bread Baked Pears With Ice Cream
<b>Monday 19</b>	<b>Tuesday 20</b>	<b>Wednesday 21</b>	<b>Thursday 22</b>	<b>Friday 23</b>
<b>Lemon Garlic Fish</b> Mashed Butternut Squash Spinach Dinner Roll Chocolate Mousse	<b>Meatloaf w/Tomato Gravy</b> Roasted Potatoes Cauliflower Wheat Bread Pound Cake w/Strawberries & Whipped Topping	<b>Honey Mustard Chicken</b> Seasoned Zucchini & Tomatoes Rice Orange Juice Dinner Roll Tapioca Pudding	<b>Beef Stew</b> DinnerSalad Wheat Bread Fruit Cocktail	<b>Mac &amp; Cheese</b> Stewed Tomatoes Wheat Bread Grape Juice Brownie
<b>Monday 26</b>	<b>Tuesday 27</b>	<b>Wednesday 28</b>	<b>Thursday 29</b>	<b>Friday 30</b>
<b>Chicken w/Peach Sauce</b> Broccoli Brown Rice Apple Juice Dinner Roll Vanilla Pudding	<b>Chili Con Carne</b> Spinach Corn Bread Apple crisp	<b>Roast Pork</b> <b>Seasoned Roasted Potatoes</b> <b>Prince Edward Island Blended Vegetables</b> <b>Whole Wheat Bread</b> <b>Pineapple Chunks</b>	<b>Shepard's Pie</b> Brussels' Sprouts Dinner Roll Citrus Ambrosia	<b>Grilled Munster Cheese</b> Tomato Soup Coleslaw Apple juice Wheat Bread Brownie



Offering Choice, Independence  
and Dignity

**March 2018**

**Westview Dining**

**680 Central Avenue, Albany, NY**

**Dinner 5:00 PM · For reservations call 518-482-2120 by 1:30 pm  
the day before the meal.**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
		<b>7</b>		
		<b>Open Faced Roast Beef Sandwich w/ Gravy Mashed Potatoes Carrots Cranberry Juice Wheat Bread Birthday Cake</b>		
		<b>14</b>		
		<b>Corned Beef Boiled Cabbage Boiled Potatoes Carrots Rye Bread Strawberries w/ Cream</b>		
		<b>21</b>		
		<b>Beef Tips w/Gravy Brussel Sprouts Egg Noodles Orange Juice Wheat Bread Pumpkin Pie</b>		
		<b>28</b>		
		<b>Pot Roast w/Gravy Mashed Sweet Potatoes Wheat Bread Strawberries</b>		

*Congregate Dining is funded in large part through support from the Albany County Department for Aging, the New York State Office for Aging, and the Administration on Aging. Additional support for this program comes from donors and community businesses like you. There is a \$3.00 suggested contribution towards the cost of the meal. No one will be turned away due to an inability to make a contribution. All meals are served with milk. **Some items may be subject to last minute substitution. 2/28/2018***

