

MAY 2018

Westview Dining

680 Central Avenue, Albany, NY

**Lunch 12:00 PM · For reservations call 518-482-2120 by
1:30 pm the day before the meal.**

| Monday | Tuesday 1 | Wednesday 2 | Thursday3 | Friday 4 |
|--|---|---|---|---|
| | <p>A. Turkey w/ Gravy Mashed Potatoes Peas & Carrots Wheat Stuffing <i>Applesauce Cake</i></p> <p>B. Roast Beef Sandwich Lettuce & Tomatoes Pickled Beet Salad Pineapple Orange Juice Rye Bread</p> <p>C. Baked Fish</p> | <p>A. Breaded Chicken Parmesan Pasta Dinner Salad Wheat Bread Strawberries w/ Whipped Topping <i>Birthday Cake</i></p> <p>C. Baked Fish</p> | <p>A. Pepper Steak w/ Onions Beets Egg Noodles Wheat Bread <i>Lemon Cake</i></p> <p>B. Tuna Salad Sandwich Carrot Raisin Salad Grape Juice</p> <p>C. Baked Fish</p> | <p>A. Turkey Ruben Sandwich Tomato Soup Rye Bread Mixed Berries w/ Whipped Cream</p> |
| Monday 7 | Tuesday 8 | Wednesday 9 | Thursday 10 | Friday 11 |
| <p>A. Chicken Primavera Pasta <i>Wheat Bread</i> <i>Tropical Fruit Salad</i></p> <p>B. BLT Pasta Salad V-8 juice</p> <p>C. Baked Fish</p> | <p>A. Sloppy Joe Sautéed Summer Squash Roasted Red Potatoes Hamburger Bun <i>Watermelon</i></p> <p>B. Pita Sandwich w/ Chicken, Hummus, and vegetables Sliced Cucumbers</p> <p>C. Baked Fish</p> | <p>A. Ham & Bean Casserole Spinach Corn Bread Blueberry Yogurt Parfait</p> <p>C. Baked Fish</p> | <p>A. Baked Ziti w/ Cheese Dinner Salad Dinner Roll Peaches & Cream</p> <p>B. Seafood Salad Sandwich Romaine salad Macaroni Salad Hot Dog Bun Fresh Melon</p> <p>C. Baked Fish</p> | <p>A. Beef Stroganoff Braised Red Cabbage Egg Noodles Wheat Biscuit Applesauce Brownie</p> <p>C. Baked Fish</p> |

| Monday 14 | Tuesday 15 | Wednesday 16 | Thursday 17 | Friday 18 |
|---|--|---|--|---|
| <p>A. BBQ Chicken California Blended Roasted Sweet Potatoes Dinner Roll Mandarin Oranges Oatmeal Raisin Cookie</p> <p>B. Chicken Salad Sandwich on Wheat Carrot Raisin Salad Orange Juice Chocolate Pudding</p> <p>C. Baked Fish</p> | <p>A. Roasted Pork w/ Gravy Mashed Potatoes Green Beans Stuffing <i>Wheat Bread</i> <i>Applesauce</i></p> <p>B. Chef Salad w/ Munster, Turkey, Boiled Egg</p> <p>C. Baked Fish</p> | <p>A. Chicken Cacciatore Broccoli Rice Dinner Roll Pineapple</p> <p>C. Baked Fish</p> | <p>A. Beef Tips w/ Brown Gravy Egg Noodles Parsley Carrots <i>Fruit Juice</i> <i>Wheat Bread</i> <i>Rice Pudding</i></p> <p>B. Turkey Sandwich Potato Salad</p> <p>C. Baked Fish</p> | <p>A. Lemon Garlic Baked Fish Mashed Sweet Potatoes Sautéed Summer Squash <i>Dinner Roll</i> <i>Brownie</i></p> <p>B. Egg Salad Sandwich Pickled Beets Apple Juice</p> <p>C. Chicken</p> |
| Monday 21 | Tuesday 22 | Wednesday 23 | Thursday 24 | Friday 25 |
| <p>A. American Goulash Dinner Salad Pasta <i>Wheat Bread</i> <i>Mandarin Oranges</i></p> <p>B. Chef Salad w/ Munster, Turkey, Boiled Egg</p> <p>C. Baked Fish</p> | <p>A. Baked Chicken w/ Mushroom Gravy Green Beans Whipped Sweet Potatoes Rye Bread Strawberry Shortcake</p> <p>C. Baked Fish</p> | <p>A. Cheese Burger Roasted Potatoes Broccoli Hamburger Bun <i>Pears</i></p> <p>B. Turkey & Swiss Cheese Wrap Carrot & Raisin Salad V-8 Juice</p> <p>C. Baked Fish</p> | <p>A. Turkey Tetrazzini w/ Peas Spaghetti Brussels' Sprouts Orange Juice <i>Wheat Bread</i> <i>Applesauce Cake</i></p> <p>B. Cottage Cheese w/ Boiled Egg, and Peaches Pickled Beet Salad Wheat Bread Orange Juice</p> <p>C. Baked Fish</p> | <p>A. Chef Salad Plate with Muenster Cheese, and Boiled Egg Romaine, Tomatoes, Carrots Ranch Dressing Peaches Dinner Roll Chocolate Chip Cookie</p> |
| Monday 28 | Tuesday 29 | Wednesday 30 | Thursday 31 | |
| Holiday | <p>A. Macaroni & Cheese Seasoned Zucchini & Tomatoes <i>Dinner Roll</i> <i>Pineapple</i></p> <p>B. Chicken Salad Plate On A Bed Of Lettuce Marinated Tomato & Cucumber Salad</p> <p>C. Baked Fish</p> | <p>A. Chicken w/ Honey Mustard Sauce Mashed Sweet Potato Green Beans Dinner Roll Apricots</p> | <p>A. Barbeque Pulled Pork Oven Roasted Potatoes <i>Coleslaw</i> <i>Wheat Bun</i> <i>Oatmeal Raisin Cookie</i></p> <p>B. chicken Waldorf Salad w/ Apples, Grapes, Walnuts On A Bed Of Lettuce</p> | |



Offering Choice, Independence
and Dignity

MAY 2018

Westview Wednesday Evening Dining

680 Central Avenue, Albany, NY

*Dinner 5:00 PM · For reservations call 518-482-2120 by 1:30 pm
the day before the meal.*

| Wednesday May 2 | Wednesday May 9 | Wednesday May 16 |
|---|---|---|
| Roast Beef w/ Gravy Mashed Potatoes Carrots Wheat Bread Blueberry Crisp | BBQ Chicken Thighs Potato Salad w/ Carrots Brussels Sprouts Dinner Roll Vanilla Pudding Tart | Loaded Mac & Cheese Broccoli Apple Juice Wheat Bread Strawberries w/ Whipped Topping |
| Wednesday May 23 | Wednesday May 30 | |
| BBQ Pulled Pork on Wheat Bun Coleslaw Three Bean Salad Vanilla Ice Cream w/ Apple Slices | Cheese Burger w/ Lettuce, Tomato & Onion on Wheat Bun Roasted Potato Wedges California Blend Fresh Seasonal Fruit Cup | |
| <p><i>This Congregate Dining Program is funded in large part through support from the Albany County Department for Aging, the New York State Office for Aging, and the Administration on Aging. All Albany County congregate meal programs allow for a suggested contribution of \$3.00. Contributions are very much appreciated, and go directly to support and expand the congregate meal program. Contributions are voluntary, confidential, and purely optional.</i></p> <p><i>All seniors are welcome and encouraged to attend our meal programs and no one with a reservation will be turned away due to an inability to make a contribution.</i></p> <p><i>All meals are served with milk. Some items may be subject to last minute substitution.</i></p> | | |