

JUNE 2018

Westview Dining

680 Central Avenue, Albany, NY

**Lunch 12:00 PM · For reservations call 518-482-2120 by
1:30 pm the day before the meal.**

Monday	Tuesday	Wednesday	Thursday	Friday
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				<p>A. Meatloaf w/ Mushroom Gravy Mashed Potatoes Broccoli Wheat Bread Applesauce</p> <p>B. Ham and Swiss Sandwich Carrot Raisin Salad C. Fish</p>
Monday 4	Tuesday 5	Wednesday 6	Thursday 7	Friday 8
<p>Lasagna Roll-Ups w/ Marinara Sauce Italian Blend Vegetables Wheat Bread Tapioca Pudding</p> <p>B. Ham Salad Sandwich w/ Lettuce & Tomato Carrot Raisin Salad Orange Juice Italian Bread C. Fish</p>	<p>Oregano Lemon Chicken Roasted Potatoes California Blend Garlic Rosemary Cranberry Juice Rye Bread Applesauce Cake</p> <p>B. Chicken Taco w/ Lettuce Cheese & Salsa Mexican Coleslaw Soft wrap</p>	<p>Beef & Broccoli Rice Carrots Dinner Roll <i>BirthDay Cake</i></p> <p><i>C.FisH</i></p>	<p>Hungarian Goulash Spinach Dinner Roll <i>Melon in Season</i></p> <p>B. Pita Sandwich w/ Chicken, Hummus, and vegetables Broccoli Salad Pita Bread</p> <p>C. fish</p>	<p>Peach Glazed Chicken Mashed Sweet Potatoes Sautéed Summer Squash Rye Bread Brownie</p> <p>C. Fish</p>
Monday 11	Tuesday 12	Wednesday 13	Thursday 14	Friday 15
<p>Baked Fish w/ Tartar Sauce Mashed Sweet Potato Cauliflower Dinner Roll <i>Chocolate Pudding</i></p> <p>Turkey Bacon BLT Three Bean Salad Apple Juice Wheat Bread</p> <p>C.Fish</p>	<p>Turkey w/ Gravy Mashed Potatoes Peas & Carrots Wheat Stuffing <i>Applesauce Cake</i></p> <p>B. Roast Beef Sandwich Lettuce & Tomatoes Pickled Beet Salad Pineapple Orange Juice Rye Bread</p>	<p>Chicken Parmesan Dinner Salad Pasta Wheat Bread Strawberries w/ Whipped Topping</p> <p>C. Fish</p>	<p>A. Pepper Steak w/ Onions Beets Egg Noodles Wheat Bread <i>Lemon Cake</i></p> <p>B. Tuna Salad Sandwich Carrot Raisin Salad Grape Juice</p> <p>C. Baked Fish</p>	<p>A. Chef Salad Plate with Muenster Cheese, and Boiled Egg Ranch Dressing Peaches Dinner Roll Chocolate Chip Cookie</p>

Monday 18	Tuesday 19	Wednesday 20	Thursday 21	Friday 22
<p>A. Chicken Primavera Pasta <i>Wheat Bread</i> <i>Tropical Fruit Salad</i></p> <p>B. BLT Pasta Salad W/ Chicken V-8 juice</p> <p>C. Baked Fish</p>	<p>A. Sloppy Joe Sautéed Summer Squash Roasted Red Potatoes Hamburger Bun <i>Watermelon</i></p> <p>B. Pita Sandwich w/ Chicken, Hummus, and vegetables Sliced Cucumbers</p> <p>C. Baked Fish</p>	<p>A. Ham & Bean Casserole Spinach Corn Bread Blueberry Yogurt Parfait</p> <p>C. Baked Fish</p>	<p>A. Baked Ziti w/ Cheese Dinner Salad Dinner Roll Peaches & Cream</p> <p>B. Seafood Salad Sandwich Dinner salad Macaroni Salad Hot Dog Bun Fresh Melon</p> <p>C. Baked Fish</p>	<p>A. Beef Stroganoff Braised Red Cabbage Egg Noodles Wheat Biscuit Applesauce Brownie</p> <p>C. Baked Fish</p>
Monday 25	Tuesday 26	Wednesday 27	Thursday 28	Friday 29
<p>A. BBQ Chicken California Blended Roasted Sweet Potatoes Dinner Roll Mandarin Oranges Oatmeal Raisin Cookie</p> <p>B. Chicken Salad Sandwich on Wheat Carrot Raisin Salad Orange Juice Chocolate Pudding</p> <p>C. Baked Fish</p>	<p>A. Roasted Pork w/ Gravy Mashed Potatoes Green Beans Stuffing <i>Wheat Bread</i> <i>Applesauce</i></p> <p>B. Chef Salad w/ Munster, Turkey, Boiled Egg</p> <p>C. Baked Fish</p>	<p>A. Chicken Cacciatore Broccoli Rice Dinner Roll Pineapple</p> <p>C. Baked Fish</p>	<p>A. Beef Tips w/ Brown Gravy Egg Noodles Parsley Carrots <i>Fruit Juice</i> <i>Wheat Bread</i> <i>Rice Pudding</i></p> <p>B. Turkey Sandwich Potato Salad</p> <p>C. Baked Fish</p>	<p>A. Lemon Garlic Baked Fish Mashed Sweet Potatoes Sautéed Summer Squash <i>Dinner Roll</i> <i>Brownie</i></p> <p>B. Egg Salad Sandwich Pickled Beets Apple Juice</p> <p>C. Chicken</p>

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the day before the meal.

Monday	Tuesday	Wednesday	Thursday	Friday
		6		
		Ziti w/ Meatballs Dinner Salad Wheat Bread Sugar Cookie		
		13		
		Roast Beef w/ Gravy Mashed Potatoes Carrots Wheat Bread Blueberry Crisp		
		20		
		BBQ Chicken Thighs Potato Salad w/ Carrots Brussels Sprouts Dinner Roll Vanilla Pudding Tart		
		27		
		Loaded Mac & Cheese Broccoli Apple Juice Wheat Bread Strawberries w/ Whipped Topping		

*Congregate Dining is funded in large part through support from the Albany County Department for Aging, the New York State Office for Aging, and the Administration on Aging. Additional support for this program comes from donors and community businesses like you. There is a \$3.00 suggested contribution towards the cost of the meal. No one will be turned away due to an inability to make a contribution. All meals are served with milk. **Some items may be subject to last minute substitution. 6/1/2018***

