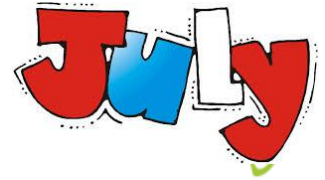


JULY 2017



Westview Dining

680 Central Avenue, Albany, NY

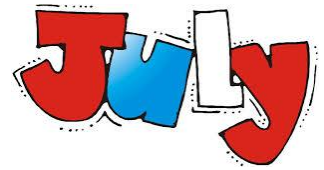
**Lunch 12:00 PM · For reservations call 518-482-2120 by
1:30 pm the day before the meal.**

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|--|---|---|
| 3 | 4 | 5 | 6 | 7 |
| Hot Dog on a Bun Baked Beans Cole Slaw Watermelon Ice Cream Cup | Holiday Happy July 4th! | Beef Tips w/Brown Gravy Parsely Carrots Egg Noodles Wheat Bread Tropical Fruit Salad <i>Birthday Cake!</i> | Turkey Tetrazini w/Peas Brussel Sprouts Wheat Bread Mandarin Oranges | BLT Bow Tie Pasta Salad w/Chicken Cucumber Radish Salad Pineapple Juice Wheat Bread Oatmeal Cookie |
| 10 | 11 | 12 | 13 | 14 |
| Citrus Marinated Chicken Mixed Vegetables Grape Juice Rice Wheat Bread Brownie | Mac & Cheese Stewed Tomatoes California Blended Vegetables Wheat Bread Mandarin Oranges | BBQ Pulled Pork Seasoned Oven Roasted Potatoes Cole Slaw Wheat Bun Ambrosia Salad | Baked Fish w/Tomato Salsa Spinach Rice Pilaf Wheat Bread Pineapple | Meatloaf w/Mushroom Gravy Mashed Potatoes Broccoli Wheat Bread Applesauce |
| 17 | 18 | 19 | 20 | 21 |
| Lasagna Roll-Ups Marinara Sauce Italian Blend Veggies Wheat Italian Bread Tapioca Pudding | Beef & Broccoli Carrots Egg Noodles Wheat Bread Tropical Fruit Salad | Peach Glazed Chicken Seasoned Zucchini & Tomato Apple Juice Rice Rye Bread | Spanish Rice w/Beef & Beans Green Beans Corn Bread Fresh Cantaloupe | Turkey Rueben Sandwich on Rye Tomato Soup Mix Berries w/Whipped Cream |
| 24 | 25 | 26 | 27 | 28 |
| Breaded Chicken Parm Romaine Salad w/Shredded Carrots, Tomatoes Dressing Pasta Wheat Bread Peaches | Turkey w/Gravy Mashed Potatoes Peas & Carrots Wheat Stuffing Applesauce Cupcake | Baked Fish Almandine Mashed Sweet Potatoes Cauliflower Wheat Dinner Roll Strawberry Shortcake | Roasted Pork Loin w/Gravy Roasted Red Potatoes Carrots Rye Bread Cinnamon Applesauce | Pepper Steak (Onions & Peppers) Summer Squash Rice Wheat Bread Lemon Cake |
| 31 | | | | |
| Chicken Primavera (Italian Blended Veggies) Pasta Wheat Bread Tropical Fruit Salad | | | | |



Offering Choice, Independence
and Dignity

JULY 2017



Westview Dining

680 Central Avenue, Albany, NY

*Dinner 5:00 PM · For reservations call 518-482-2120 by 1:30 pm
the day before the meal.*

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--------|---------|---|----------|--------|
| | | 5 | | |
| | | Loaded Mac & Cheese w/Chicken & Bacon Broccoli Apple Juice Wheat Bread Blueberry Tart w/ Whipped Topping | | |
| | | 12 | | |
| | | Cheeseburger Burger w/Swiss, Lettuce, Tomato, Onion on Wheat Bun Seasoned Potato Wedges California Blend Veggies Fresh Seasoned Fruit Cup | | |
| | | 19 | | |
| | | Ziti w/Meatballs Tossed Romaine Salad Italian Dressing Wheat Bread Sugar Cookie | | |
| | | 26 | | |
| | | Pot Roast with Gravy Mashed Potatoes Spinach Whole Wheat Bread Blueberry Crisp | | |

*Congregate Dining is funded in large part through support from the Albany County Department for Aging, the New York State Office for Aging, and the Administration on Aging. Additional support for this program comes from donors and community businesses like you. There is a \$3.00 suggested contribution towards the cost of the meal. No one will be turned away due to an inability to make a contribution. All meals are served with milk. **Some items may be subject to last minute substitution. 6/30/2017***