



Offering Choice, Independence and Dignity

# JANUARY 2018

## Westview Dining

680 Central Avenue, Albany, NY

Lunch 12:00 PM · For reservations call 518-482-2120 by 1:30 pm the day before the meal.

Monday 1	Tuesday 2	Wednesday 3	Thursday 4	Friday 5
<b>Closed Happy New Years</b>	<b>Chili Con Carne</b> Spinach Corn Bread Apple Crisp	<b>Roast Pork w/Gravy</b> Oven Roasted Potatoes Prince Edward Island Vegetables Wheat Bread <i>Birthday Cake</i>	<b>Sheppard's Pie</b> Brussel Sprouts Dinner Roll Citrus Ambrosia	<b>Grilled Munster Cheese</b> Tomato Soup Coleslaw Apple juice Wheat Bread Brownie
Monday 8	Tuesday 9	Wednesday 10	Thursday 11	Friday 12
<b>Cheeseburger w/Swiss Cheese</b> Seasoned Oven Roasted Potatoes Brussels Sprouts Hamburger Bun Blueberry Tart	<b>Baked Fish w/ Lemon Sauce</b> Stewed Tomatoes Cranberry Juice Rice Rye Bread Applesauce Cake	<b>Salisbury Steak W/ Mushroom Gravy</b> Mashed Potatoes Parsely Carrots Grape Juice Wheat Bread Cherry Crisp	<b>Turkey Tetrazzini</b> Beets Dinner Roll Mandarin Oranges	<b>Baked Ziti</b> Italian Blended Vegetables Italian Bread Chocolate Pudding
Monday 15	Tuesday 16	Wednesday 17	Thursday 18	Friday 19
<b>Closed</b>	<b>Herbed Chicken w/Gravy</b> Baked Sweet Potatoes & Apples Broccoli Dinner Roll Tapioca Pudding	<b>Spaghetti w/Meat Sauce</b> Salad Italian Bread Pound Cake w/Blueberries	<b>BBQ Pulled Pork</b> Coleslaw w/Carrots Seasoned Red Roasted Potatoes Dinner Roll Applesauce w/Cinnamon	<b>Tuna Salad sandwich</b> Hearty BeanSoup Pickled Beet Salad Apple juice Wheat Bread Brownie
Monday 22	Tuesday 23	Wednesday 24	Thursday 25	Friday 26
<b>Chicken &amp; Rice</b> Peas & Carrots Grape Juice Wheat Bread Chocolate Chip Cookie	<b>Roasted Turkey w/ Gravy</b> Mashed Sweet Potatoes Carrots Whole Wheat Stuffing Apple Sauce	<b>Sweet &amp; Sour Pork</b> Asian Vegetables Rice Dinner roll Pinapple Chunks	<b>Meatloaf w/Mushroom Gravy</b> Mashed Potatoes Green Beans Corn Bread Pears w/ Vanilla Ice Cream	<b>Potato Crunch Fish</b> Spinach Pineapple Juice Rice Pilaf Wheat Bread Lemon Cake
Monday 29	Tuesday 30	Wednesday 31		
<b>Chicken Ala King</b> Egg Noodles Peas Wheat Bread Strawberries w/ Whipped Topping	<b>Pork Roast w/Gravy</b> Seasoned Oven Red Roasted Potatoes Carrots Dinner Roll Sliced Apples w/Cinnamon	<b>Chicken Teryaki</b> Rice Asian Vegetables Dinner Salad Wheat Bread Pound Cake w/ Mixed Berries		



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**January 2018**

**Westview Dining**

**680 Central Avenue, Albany, NY**

***Dinner 5:00 PM · For reservations call 518-482-2120 by 1:30 pm  
the day before the meal.***

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
		<b>3</b>		
		<b>Pot Roast w/ Gravy</b> Mashed Sweet Potatoes Wheat Bread Strawberries		
		<b>10</b>		
		<b>Pepper Steak</b> Seasoned Oven Roasted Potatoes Cole Slaw Dinner Roll Tropical Fruit		
		<b>17</b>		
		<b>Beef Lasagna</b> Italian Vegetables Italian Bread Apple Juice Ice Cream		
		<b>24</b>		
		<b>Open Faced Roast Beef Sandwich w/ Gravy</b> Mashed Potatoes Carrots Cranberry Juice Wheat Bread Lemon Cake		
		<b>31</b>		
		<b>Spiral Ham w/ Crushed Pineapple</b> Mashed Potatoes Broccoli Diner Roll Pumpkin Pie		

*Congregate Dining is funded in large part through support from the Albany County Department for Aging, the New York State Office for Aging, and the Administration on Aging. Additional support for this program comes from donors and community businesses like you. There is a \$3.00 suggested contribution towards the cost of the meal. No one will be turned away due to an inability to make a contribution. All meals are served with milk. **Some items may be subject to last minute substitution. 1/3/2018***

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