



FEBRUARY 2018

Westview Dining

680 Central Avenue, Albany, NY

**Lunch 12:00 PM · For reservations call 518-482-2120 by
1:30 pm the day before the meal.**

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			Roast Beef w/Gravy Mashed Potatoes Broccoli Wheat Bread Pumpkin Pudding	Lasagna Roll-Up w/Marinara Sauce Dinner Salad Italian Bread Pears
Monday 5	Tuesday 6	Wednesday 7	Thursday 8	Friday 9
Lemon Garlic Fish Mashed Butternut Squash Spinach Dinner Roll Chocolate Mousse	Meatloaf w/Tomato Gravy Roasted Potatoes Cauliflower Wheat Bread Pound Cake w/Strawberries & Whipped Topping	Honey Mustard Chicken Seasoned Zucchini & Tomatoes Rice Orange Juice Dinner Roll Tapioca Pudding	Beef Stew Dinner salda Wheat Bread Fruit Cocktail	Mac & Cheese Stewed Tomatoes Wheat Bread Grape Juice Brownie
Monday 12	Tuesday 13	Wednesday 14	Thursday 15	Friday 16
Chicken w/Peach Sauce Broccoli Brown Rice Apple Juice Dinner Roll Vanilla Pudding	Chili Con Carne Spinach Corn Bread Apple crisp	Shrimp Scampi Spinach Dinner Salad Wheat Bread Apple Crisp	Shepard's Pie Brussels' Sprouts Dinner Roll Citrus Ambrosia	Chicken Chow Mein Chow Mein Noodles Wheat Roll Rice Pudding w/ Mandarin Oranges
Monday 19	Tuesday 20	Wednesday 21	Thursday 22	Friday 23
Closed	Baked Fish w/Lemon Herb Sauce Stewed Tomatoes Cranberry Juice Rice Rye Bread Applesauce Cake	Salisbury Steak w/Mushroom Gravy Mashed Potatoes Parsley Carrots Grape Juice Wheat Bread Cherry Crisp	Turkey Tetrizzini Beets Dinner Roll Mandarin Oranges	Baked Ziti Tomato Sauce Itilain Blend Vegetables Italian Bread Chocolate Pudding
Monday 26	Tuesday 27	Wednesday 28		
Spanish Rice Carrots Corn Bread Brownie	Herbed Chicken w/Gravy Roasted Sweet Potatoes W/ Apples Broccoli Dinner Roll Tapioca Pudding	Spaghetti w/Meat Sauce Dinner Salad Italian Wheat Bread Pound Cake w/Blueberries		



Offering Choice, Independence
and Dignity

February 2018

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680 Central Avenue, Albany, NY

*Dinner 5:00 PM · For reservations call 518-482-2120 by 1:30 pm
the day before the meal.*

Monday	Tuesday	Wednesday	Thursday	Friday
		7		
		Beef Tips w/Gravy Brussel Sprouts Egg Noodles Orange Juice Wheat Bread <i>Birthday Cake</i>		
		14		
		Pot Roast w/Gravy Mashed Sweet Potatoes Wheat Bread Strawberries		
		21		
		Pepper Steak Seasoned Oven Roasted Potatoes Coel Slaw W/ carrots Dinner Roll Tropical Fruit		
		28		
		Beef Lasagna Itilan Blend Vegetables Italian Bread Apple Juice Ice Cream		

*Congregate Dining is funded in large part through support from the Albany County Department for Aging, the New York State Office for Aging, and the Administration on Aging. Additional support for this program comes from donors and community businesses like you. There is a \$3.00 suggested contribution towards the cost of the meal. No one will be turned away due to an inability to make a contribution. All meals are served with milk. **Some items may be subject to last minute substitution. 2/2/2018***

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