

December 2017

Westview Dining

680 Central Avenue, Albany, NY

Lunch 12:00 PM · For reservations call 518-482-2120 by 1:30 pm the day before the meal.

Monday	Tuesday	Wednesday	Thursday	Friday
				1
				Baked Ziti Italian Blended Vegetables Italian Bread Chocolate Pudding
4	5	6	7	8
Spanish Rice Carrots Corn Bread Brownie	Herbed Chicken w/ Gravy Sweet Potatoes & Apples Broccoli Dinner Roll Tapioca Pudding	Spaghetti w/ Meat sauce Dinner Salad Italian Bread Pound Cake w/ Birthday Cake	BBQ Pulled Pork Roasted Red Potatoes Coleslaw w/ Carrots Hamburger Bun Cinnamon Applesauce	Tuna Salad Sandwich on Wheat Hearty Bean Soup Pickled Beet Salad Apple Juice Brownie
11	12	13	14	15
Chicken & Rice Peas & Carrots Grape juice Wheat Bread Chocolate Chip Cookie	Roast Turkey w/ Gravy Whipped Sweet Potatoes Carrots Stuffing Applesauce	Sweet & Sour Pork Asian Vegetables Rice Dinner Roll Pineapple Chunks	Meatloaf w/Mushroom Gravy Mashed Potatoes Green Beans Corn Bread Pears w/ Vanilla Ice Cream	Potato Crunch Fish Spinach Pineapple Juice Rice Pilaf Wheat Bread Lemon Cake w/ Frosting
18	19	20	21	22
Chicken Ala King Over Egg Noodles Peas Wheat Bread Strawberries w/ Whipped Topping	Roast Pork w/Gravy Oven Roasted Potatoes Carrots Dinner Roll Sliced Apples w/ Cinnamon w/ Whipped Topping	Chicken Teriyaki Asian Vegetables Rice Wheat Bread Pound Cake w/ Mixed Berries	Roast Beef w/Gravy Mashed Potatoes Broccoli Wheat Bread Pumpkin Pudding	Lasagna Roll-Up w/Marinara Sauce Dinner salad Italian Bread Baked Pears w/ Ice Cream
25	26	27	28	29
Closed Christmas	Meatloaf w/Tomato Gravy Roasted Potatoes Cauliflower Wheat Bread Pound Cake w/Strawberries & Whipped Topping	Honey Mustard Chicken Seasoned Zucchini & Tomatoes Orange Juice Rice Dinner Roll Tapioca Pudding	Beef Stew Dinner Salad Wheat Bread Fruit Cocktail	Mac & Cheese Stewed Tomatoes Wheat Bread Grape Juice Brownie

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Dinner 5:00 PM · For reservations call 518-482-2120 by 1:30 pm the day before the meal.

Monday	Tuesday	Wednesday	Thursday	Friday
		6		
		Beef Lasagna Italian Vegetables Italian Bread Apple Juice Ice Cream		
		13		
		Open Faced Roast Beef Sandwich w/ Gravy Mashed Potatoes Carrots Cranberry Juice Wheat Bread Lemon Cake		
		20		
		Spiral Ham w/ Crushed Pineapple Mashed Potatoes Broccoli Dinner Roll Pumpkin Pie		
		27		
		Beef Tips w/Gravy Brussel Sprouts Egg Noodles Orange Juice Wheat Bread Sweet Potato Pie		

*Congregate Dining is funded in large part through support from the Albany County Department for Aging, the New York State Office for Aging, and the Administration on Aging. Additional support for this program comes from donors and community businesses like you. There is a \$3.00 suggested contribution towards the cost of the meal. No one will be turned away due to an inability to make a contribution. All meals are served with milk. **Some items may be subject to last minute substitution. 11/29/2017***