



AUGUST 2018

Westview Dining

680 Central Avenue, Albany, NY

Lunch 12:00 PM · For reservations call 518-482-2120 by 1:30 pm the day before the meal.

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		A. Ham & Bean Casserole Spinach Corn Bread <i>Birthday Cake</i> C. Baked Fish	A. Baked Ziti w/ Cheese Dinner Salad Dinner Roll Peaches & Cream B. Seafood Salad Sandwich Dinner Salad Macaroni Salad Hot Dog Bun Fresh Melon C. Baked Fish	A. Beef Stroganoff Braised Red Cabbage Egg Noodles Wheat Biscuit Applesauce Brownie C. Baked fish
6	7	8	9	10
A. BBQ Chicken California Blended Roasted Sweet Potatoes Dinner Roll Mandarin Oranges Oatmeal Raisin Cookie B. Chicken Salad Sandwich on Wheat Carrot Raisin Salad Orange Juice Wheat Bread Chocolate Pudding C. Baked Fish	A. Roasted Pork w/ Gravy Mashed Potatoes Green Beans Stuffing <i>Wheat Bread</i> <i>Applesauce</i> B. Chef Salad w/ Munster, Turkey, Boiled Egg C. Baked Fish	A. Chicken Cacciatore Broccoli Rice Dinner Roll Pineapple B. Baked Fish	A. Beef Tips w/ Brown Gravy Egg Noodles Parsley Carrots <i>Fruit Juice</i> <i>Wheat Bread</i> <i>Rice Pudding</i> B. Turkey Sandwich Potato Salad C. Baked Fish	A. Lemon Garlic Baked Fish Mashed Sweet Potatoes Sautéed Summer Squash <i>Dinner Roll</i> <i>Brownie</i> B. Egg Salad Sandwich Pickled Beets Apple Juice C. Baked Chicken
13	14	15	16	17
A. American Goulash Dinner Salad Pasta <i>Whole wheat bread</i> <i>Mandarin Oranges</i> B. Chef Salad w/ Munster, Turkey, Boiled Egg C. Baked Fish	A. Baked Chicken w/ Mushroom Gravy Green Beans Whipped Sweet Potatoes Rye Bread Strawberry Shortcake C. Baked Fish	A. Cheese Burger Roasted Potatoes Broccoli Hamburger Bun Pears B. Turkey and Cheese Wrap Carrot & Raisin Salad V-8 Juice Pears C. Baked Fish	A. Turkey Tetrazzini w/ Peas Spaghetti Brussels' Sprouts Orange Juice <i>Wheat Bread</i> <i>Applesauce Cake</i> B. Cottage Cheese w/ Boiled Egg, and Peaches Pickled Beet Salad C. Baked Fish	A. BLT Bow Tie Pasta Salad w/ Chicken Cucumber Radish Salad Pineapple Juice Wheat Bread Oatmeal Cookie C. Baked Fish

20	21	22	23	24
<p>A. Baked Fish w/ Tomato Salsa Rice Pilaf California Blend Apple Juice <i>Wheat Bread</i> <i>Lemon Pudding</i></p> <p>B. Tuna Salad Sandwich Spinach Salad w/ Tomato & Carrots</p> <p>C. Baked Chicken</p>	<p>A. Macaroni & Cheese Seasoned Zucchini & Tomatoes <i>Dinner Roll</i> <i>Pineapple</i></p> <p>B. Chicken Salad Plate On A Bed Of Lettuce Marinated Tomato & Cucumber Salad Pineapple chunks</p> <p>C. Baked Fish</p>	<p>A. Chicken w/ Honey Mustard Sauce Mashed Sweet Potato Green Beans Dinner Roll Apricots</p> <p>B. Baked Fish</p>	<p>A. Barbeque Pulled Pork Oven Roasted Potatoes <i>Coleslaw</i> <i>Wheat Bun</i> <i>Oatmeal Raisin Cookie</i></p> <p>B. chicken Waldorf Salad w/ Apples, Grapes, Walnuts On A Bed Of Lettuce</p> <p>C. Baked Fish</p>	<p>A. Meatloaf w/ Mushroom Gravy Mashed Potatoes Broccoli <i>Wheat Bread</i> <i>Applesauce</i></p> <p>B. Ham & Swiss Cheese Sandwich w/ Lettuce & Tomato Carrot Raisin Salad</p> <p>C. Baked Fish</p>
27	28	29	30	31
<p>A. Lasagna Roll-Ups w/ Marinara Sauce Italian Blend Vegetables <i>Whole Wheat Bread</i> <i>Tapioca Pudding</i></p> <p>B. Ham Salad Sandwich w/ Lettuce & Tomato Carrot Raisin Salad Italian Bread Orange Juice</p> <p>C. Baked Fish</p>	<p>A. Oregano Lemon Chicken Garlic Rosemary Roasted Potatoes Cali Blend Veggies <i>Cranberry Juice</i> Rye Bread <i>Applesauce Cake</i></p> <p>B. Chicken Taco w/ Lettuce Cheese & Salsa Mexican Coleslaw</p> <p>C. Baked Fish</p>	<p>A. Beef & Broccoli Rice Carrots Dinner Roll Blueberries & Whipped Topping</p> <p>C. Baked Fish</p>	<p>A. Hungarian Goulash Egg Noodles Spinach Dinner Roll <i>Melon in Season</i></p> <p>B. Pita Sandwich w/ Chicken, Hummus, and vegetables Broccoli Salad Pita Bread</p> <p>C. Baked Fish</p>	<p>A. Cheese Burger w/ Lettuce & Tomato Three Bean Salad Melon Balls Hamburger Bun Vanilla Ice Cream Cup</p> <p>C. Baked Fish</p>



Offering Choice, Independence
and Dignity

August 2018
Westview Dining
680 Central Avenue, Albany, NY
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the day before the meal.

Monday	Tuesday	Wednesday	Thursday	Friday
		1		
		BBQ Chicken Thighs Potato Salad w/ Carrots Brussels Sprouts Dinner Roll Vanilla Pudding Tart		
		8		
		Loaded Mac & Cheese Broccoli Apple Juice Wheat Bread Strawberries w/ Whipped Topping		
		15		
		BBQ Pulled Pork on Wheat Bun Coleslaw Three Bean Salad Vanilla Ice Cream w/ Apple Slices		
		22		
		Cheese Burger w/ Lettuce, Tomato & Onion on Wheat Bun Roasted Potato Wedges California Blend Fresh Seasonal Fruit Cup		
		29		
		Ziti w/ Meatballs Dinner Salad Wheat Bread Sugar Cookie		

*Congregate Dining is funded in large part through support from the Albany County Department for Aging, the New York State Office for Aging, and the Administration on Aging. Additional support for this program comes from donors and community businesses like you. There is a \$3.00 suggested contribution towards the cost of the meal. No one will be turned away due to an inability to make a contribution. All meals are served with milk. **Some items may be subject to last minute substitution. 8/2/2018***