

AUGUST 2017

Westview Dining

680 Central Avenue, Albany, NY

Lunch 12:00 PM · For reservations call 518-482-2120 by
1:30 pm the day before the meal.

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	Ham & Bean Casserole Spinach Corn Bread Vanilla yogurt parfait	Sloppy Joe on Wheat Bun Seasoned Zucchini & Tomato Birthday Cake	Honey Mustard Chicken Seasoned Oven Roasted Sweet Potatoes California Blend Wheat Bread Brownie	Baked Ziti w/Cheese Brussell Sprouts Wheat Dinner Roll Peaches & Cream
Monday 7	Tuesday 8	Wednesday 9	Thursday 10	Friday 11
BBQ Chicken California Blended Mashed Sweet Potatoes Wheat Dinner Roll Chocolate Pudding	Roast Pork w/Gravy & Stuffing Mashed Potatoes Carrots Wheat Bread Applesauce	Cheeseburger on Wheat Bun Seasoned Roasted Potatoes Broccoli pears	Baked Chicken w/Mushroom Gravy Rice Italian Blended Rye Bread Shortcake w/Strawberries	Lemon Garlic Baked Fish Baked Sweet Potato Spinach Wheat Dinner Roll Fresh Melon Cup
Monday 14	Tuesday 15	Wednesday 16	Thursday 17	Friday 18
American Goulash Romaine salad Italian Blend Wheat Bread Applesauce Cake	Chicken Cacciatore Rice Broccoli Wheat Bread Pears	Beef Tips w/Brown Gravy & Noodles Parsley Carrots Wheat Bread Tropical Fruit Salad	Turkey Tetrazzini w/Peas Brussel Sprouts Wheat Bread Mandarin Oranges	Chicken BLT Pasta Cucumber Radish salad Wheat bread Pineapple juice Oatmeal cookie
Monday 21	Tuesday 22	Wednesday 23	Thursday 24	Friday 25
Citrus Marinated Chicken Mixed Vegetables Grape Juice Rice Wheat Bread Brownie	Mac & Cheese Stewed Tomatoes California Blended Wheat Bread Mandarin Oranges	BBQ Pulled Pork Seasoned Oven Roasted Potatoes Cole Slaw Wheat Bun Ambrosia Salad	Baked Fish w/Tomato Rice Pilaf Salsa Spinach Wheat Bread Pineapple	Meatloaf w/Mushroom Gravy Mashed Potatoes Broccoli Wheat Bread Applesauce
Monday 28	Tuesday 29	Wednesday 30	Thursday 31	
Lasagna Roll-Ups w/Marinara Sauce Italian Blended Wheat Italian Bread Tapioca Pudding	Beef & Broccoli Egg Noodles Carrots Wheat Bread Tropical Fruit Salad	Peach Glazed Chicken Seasoned Zucchini & Tomato Rice Apple Juice Rye Bread Brownie	Spanish Rice w/Beef & Beans Green Beans Corn Bread Fresh Cantaloupe	



Offering Choice, Independence
and Dignity

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680 Central Avenue, Albany, NY

**Dinner 5:00 PM · For reservations call 518-482-2120 by 1:30 pm
the day before the meal.**

Monday	Tuesday	Wednesday	Thursday	Friday
		2		
		Spanish Rice w/Beef & Beans Romaine, Radish, Cucumber Salad Corn Bread Strawberries w/Whipped Cream		
		9		
		BBQ Chicken Thighs Potato Salad Spinach Egg Noodles Dinner roll Vanilla Pudding Tart		
		16		
		Loaded Mac & Cheese Chopped Chicken & Bacon Crumbles Broccoli Apple Juice Wheat Bread Blueberry Tart w/Whip Topping		
		23		
		Cheeseburger on Wheat Bun w/Lettuce, Tomato, Onion Seasoned Potato Wessges California Blend Fresh Seasonal Fruit Cup		
		30		
		Ziti w/Meatballs Tossed Romaine Salad Wheat Bread Sugar Cookie		

*Congregate Dining is funded in large part through support from the Albany County Department for Aging, the New York State Office for Aging, and the Administration on Aging. Additional support for this program comes from donors and community businesses like you. There is a \$3.00 suggested contribution towards the cost of the meal. No one will be turned away due to an inability to make a contribution. All meals are served with milk. **Some items may be subject to last minute substitution. 7/27/2017***

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