

May 2018
South Mall Dining
101 S. Pearl Street, Albany

For reservations call 518-482-2120 by 1:30 pm the day before the meal.



<p>Tuesday Dinner 5PM</p>	<p>Wednesday Dinner 5PM</p>	<p>Friday Lunch 12PM</p>
<p>1</p>	<p>2</p>	<p>4</p>
<p>A. Turkey w/ Gravy Mashed Potatoes Peas & Carrots Stuffing Wheat Bread <i>Applesauce Cake</i></p> <p>B. Roast Beef Sandwich Lettuce & Tomatoes Pickled Beet Salad Pineapple Orange Juice Rye Bread</p> <p>C. Baked Fish</p>	<p>Roast Beef w/ Gravy Mashed Potatoes Carrots Wheat Bread Blueberry Crisp <i>Birthday Cake</i></p> <p>C. Baked Fish</p>	<p>A. Turkey Ruben Sandwich Tomato Soup Rye Bread Mixed Berries w/ Whipped Cream</p>
<p>8</p>	<p>9</p>	<p>11</p>
<p>Sloppy Joe Summer Squash Roasted Potatoes Hamburger Bun <i>Watermelon</i></p> <p>B. Pita Sandwich w/ Chicken, Hummus, and vegetables Sliced Cucumbers Wheat Pita</p> <p>C. Baked Fish</p>	<p>BBQ Chicken Thighs Potato Salad w/ Carrots Brussels Sprouts Dinner Roll Vanilla Pudding Tart</p> <p>C. Baked Fish</p>	<p>Beef Stroganoff Braised Red Cabbage Egg Noodles Wheat Biscuit Applesauce Brownie</p>

15	16	18
<p>A. Roasted Pork w/ Gravy Mashed Potatoes Carrots Stuffing <i>Wheat Bread</i> <i>Applesauce</i></p> <p>B. Chef Salad w/ Munster, Turkey, Boiled Egg</p> <p>C. Baked Fish</p>	<p>Loaded Mac & Cheese Broccoli Apple Juice Wheat Bread Strawberries w/ Whipped Topping</p>	<p>A. Lemon Garlic Baked Fish Mashed Sweet Potatoes Sautéed Summer Squash <i>Dinner Roll</i> <i>Brownie</i></p> <p>B. Egg Salad Sandwich on Rye Pickled Beets Apple Juice</p> <p>C. Chicken</p>
<p>Tuesday <u>Dinner 5PM</u></p>	<p>Wednesday <u>Dinner 5PM</u></p>	<p>Friday <u>Lunch 12PM</u></p>
<p>22</p>	<p>23</p>	<p>25</p>
<p>Baked Chicken w/ Mushroom Gravy Green Beans Whipped Sweet Potatoes Rye Bread Strawberry Shortcake</p>	<p>BBQ Pulled Pork on Wheat Bun Coleslaw Three Bean Salad Vanilla Ice Cream w/ Apple Slices</p> <p>B. Turkey & Swiss Cheese Wrap Carrot & Raisin Salad V-8 Juice Wheat Wrap Pears</p>	<p>Chef Salad Plate with Muenster Cheese, and Boiled Egg Romaine, Tomatoes, Carrots Ranch Dressing Peaches Dinner Roll Chocolate Chip Cookie</p>
<p>29</p>	<p>30</p>	
<p>Macaroni & Cheese Seasoned Zucchini & Tomatoes Wheat Bread Pineapple</p> <p>B. Chicken Salad Plate On A Bed Of Lettuce Marinated Tomato & Cucumber Salad Dinner Roll Pineapple Chunks</p>	<p>Cheese Burger w/ Lettuce, Tomato & Onion on Wheat Bun Roasted Potato Wedges California Blend Fresh Seasonal Fruit Cup</p>	

Congregate Dining Program is funded in large part through support from the Albany County Department for Aging, the New York State Office for Aging, and the Administration on Aging. All Albany County congregated meal programs allow for a suggested contribution of \$3.00. Contributions are very much appreciated, and go directly to support and expand the congregated meal program.