

AUGUST 2018

South Mall Dining

101 S. Pearl Street, Albany

For reservations call 518-482-2120 by 1:30 pm the day before the meal.



| <p>Tuesday <u>Dinner 5PM</u></p> | <p>Wednesday <u>Dinner 5PM</u></p> | <p>Friday <u>Lunch 12PM</u></p> |
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| | <p>1</p> | <p>3</p> |
| | <p>BBQ Chicken Thighs Potato Salad w/ Carrots Brussels Sprouts Dinner Roll Vanilla Pudding Tart</p> <p>C. Baked Fish</p> | <p>A. Beef Stroganoff Braised Red Cabbage Egg Noodles Wheat Biscuit Applesauce Brownie</p> <p>C. Baked fish</p> |
| <p>7</p> | <p>8</p> | <p>10</p> |
| <p>A. Roasted Pork w/ Gravy Mashed Potatoes Carrots Stuffing <i>Wheat Bread</i> <i>Birthday Cake</i></p> <p>B. Chef Salad w/ Munster, Turkey, Boiled Egg</p> <p>C. Baked Fish</p> | <p>Loaded Mac & Cheese Broccoli Apple Juice Wheat Bread Strawberries w/ Whipped Topping</p> <p>C. Baked Fish</p> | <p>A. Lemon Garlic Baked Fish Mashed Sweet Potatoes Sautéed Summer Squash <i>Dinner Roll</i> <i>Brownie</i></p> <p>B. Egg Salad Sandwich Pickled Beets Apple Juice</p> <p>C. Baked Chicken</p> |
| <p>14</p> | <p>15</p> | <p>17</p> |
| <p>Baked Chicken w/ Mushroom Gravy Green Beans Whipped Sweet Potatoes Rye Bread Strawberry Shortcake</p> <p>C. Baked Fish</p> | <p>A. BBQ Pulled Pork on Wheat Bun Coleslaw Three Bean Salad Vanilla Ice Cream w/ Apple Slices</p> <p>B. Turkey & Swiss Cheese Wrap/ W Ceasar Dressing Carrot raisin Salad V8 Juice Wheat Wrap Pears</p> <p>C. Baked Fish</p> | <p>A. BLT Bow Tie Pasta Salad w/ Chicken Cucumber Radish Salad Pineapple Juice Wheat Bread Oatmeal Cookie</p> <p>C. Baked Fish</p> |

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| 21 | 22 | 24 |
| <p>A. Macaroni & Cheese Seasoned Zucchini & Tomatoes Wheat Bread Pineapple</p> <p>B. Chicken Salad Plate On A Bed Of Lettuce Marinated Tomato & Cucumber Salad Dinner Roll Pineapple Chunks</p> <p style="text-align: center;">C. Baked Fish</p> | <p>Cheese Burger w/ Lettuce, Tomato & Onion on Wheat Bun Roasted Potato Wedges California Blend Fresh Seasonal Fruit Cup</p> <p style="text-align: center;">C. Baked fish</p> | <p>A. Meatloaf w/ Mushroom Gravy Mashed Potatoes Broccoli Wheat Bread Applesauce</p> <p>B. Ham & Swiss Cheese Sandwich w/ Lettuce & Tomato Carrot Raisin Salad</p> <p style="text-align: center;">C. Baked Fish</p> |
| 28 | 29 | 31 |
| <p>A. Oregano Lemon Chicken California Blend Garlic Rosemary Roasted Potatoes Cranberry Juice Rye Bread Applesauce Cake</p> <p>B. Soft Chicken Taco Mexican ColeSlaw Wheat Wrap</p> <p style="text-align: center;">C. Baked Fish</p> | <p>Ziti w/ Meatballs Dinner Salad Wheat Bread Sugar Cookie</p> <p style="text-align: center;">C. Baked Fish</p> | <p>A. Cheese Burger w/ Lettuce & Tomato Three Bean Salad Melon Balls Hamburger Bun Vanilla Ice Cream Cup</p> <p style="text-align: center;">C. Baked Fish</p> |