



**November 2018
OHAV Sholom Dining**

115 Krumkill Rd, Albany

*Dinner 5:00PM for reservations call 518-489-5531 by 3:00 pm
the day before the meal*

Offering Choice, Independence
and Dignity

Monday	Tuesday	Wednesday 7	Thursday	Friday
		A. Baked Ham w Crushed Pineapple Mashed Potatoes Broccoli Dinner Roll Pumpkin Pie B. Baked Fish		
		Wednesday 14		
		A. Beef Tips w/ Gravy Over Egg Noodles Brussel Sprouts Orange Juice Wheat Bread Pumpkin Pie B. Baked Fish		
		Wednesday 21		
		A. Roast Turkey w/ Gravy and Wheat Stuffing and Cranberry Sauce Mashed Potatoes Green Beans Apple Juice Pumpkin Pie B. Baked Fish		
		Wednesday 28		
		A. Pepper Steak Oven Roasted Potatoes Coleslaw w/ Carrots Whole Wheat Bread Tropical Fruit B. Baked Fish		

*Congregate Dining is funded in large part through support from the Albany County Department for Aging, the New York State Office for Aging, and the Administration on Aging. Additional support for this program comes from donors and community businesses like you. There is a \$3.00 suggested contribution towards the cost of the meal. No one will be turned away due to an inability to make a contribution. All meals are served with milk. **Some items may be subject to last minute substitution. 11/2/2018***