

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Chicken Parm w/Cheese Broccoli Pasta Wheat Bread Peaches	2 Turkey w/Gravy Mashed Potatoes Peas & Carrots Wheat Stuffing Applesauce Cake	3 Baked Fish Almandine Mashed Sweet Potato Cauliflower Wheat Dinner Roll Strawberry Shortcake	4 Roasted Pork Loin w/Gravy Roasted Red Potatoes Carrots Rye Bread Cinnamon Applesauce	5 Pepper Steak w/Onions and Peppers Summer Squash Rice Wheat Bread Lemon Cake	6 Baked Chicken w/Gravy Mashed Potatoes Brussel Sprouts Wheat Bread Apricots
7 Spanish Rice w/Beans Wax Beans Orange Juice Corn Bread Sugar Cookie	8 Chicken Primavera Italian Blended Veggies Pasta Wheat Bread Tropical Fruit Salad	9 Ham & Bean Casserole Spinach Corn Bread Fruited Yogurt	10 Sloppy Joe on Wheat Bun Seasoned Zucchini & Tomato Watermelon	11 Honey Mustard Chicken Seasoned Oven Roasted Sweet Potatoes California Blend Veggies Wheat Bread Brownie	12 Baked Ziti w/Cheese Romaine Salad w/Carrots, Tomato, Cucumber Italian Dressing Wheat Dinner Roll Peaches & Cream	13 Beef Stroganoff Braised Red Cabbage (Sweet & Sour) Egg Noodles Wheat Biscuit Mandarin Oranges
14 Turkey w/Gravy Cranberry Sauce Mashed Potatoes Mixed Veggies Rye Bread Applesauce	15 BBQ Chicken California Blended Veggies Mashed Sweet Potatoes Wheat Dinner Roll Chocolate Pudding	16 Roast Pork w/Gravy Mashed Potatoes Carrots Wheat Stuffing Wheat Bread Applesauce	17 Cheeseburger on Wheat Bun Seasoned Roasted Potatoes Broccoli Fresh Pear	18 Baked Chicken w/Mushroom Gravy Italian Blended Veggies Rice Rye Bread Strawberries w/Whip Topping	19 Lemon Garlic Baked Fish Baked Sweet Potato Spinach Wheat Dinner Roll Fresh Melon Cup	20 Meatloaf w/Gravy Garlic Mashed Potatoes Beets Wheat Bread Peaches
21 Greek Style Chicken Seasoned Tomatoes & Zucchini Grape Juice Creamy Lemon Pepper Orzo Wheat Bread Rice Pudding	22 American Goulash Italian Blended Veggies Wheat Bread Applesauce Cake	23 Chicken Cacciatore Broccoli Rice Wheat Bread Pears	24 Beef Tips w/Brown Gravy Parsley Carrots Egg Noodles Wheat Bread Tropical Fruit Salad	25 Turkey Tetrazzini w/Peas Brussel Sprouts Wheat Bread Mandarin Oranges	26 Potato Crunch Fish Peas Mashed Sweet Potatoes Rye Bread Ambrosia	27 Sweet & Sour Pork w/Sauce California Blend Veggies Cranberry Juice Rice Wheat Roll Oatmeal Raisin Cookie
28 Beef Chili Spinach Corn Bread Peaches	29 Citrus Marinated Chicken Mixed Veggies Grape Juice Rice Wheat Bread Brownie	30 Mac & Cheese Stewed Tomatoes California Blended Veggies Wheat Bread Mandarin Oranges	31 BBQ Pulled Pork Seasoned Oven Roasted Potatoes Cole Slaw Wheat Bun Ambrosia Salad	Notes:		