

May 2017 – MOW Cold Menu

◀ April 2017

June 2017 ▶

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Swiss Cheese Sandwich on Wheat Three Bean Salad Mandarin Oranges	2 Roast Beef Sandwich on Rye Pickled Beet Salad Pineapple Orange Juice Rice Pudding	3 Chicken Salad Sandwich on Wheat Cole Slaw w/Carrots Cucumber Slices Oatmeal Raisin Cookie	4 Egg Salad Sandwich on Wheat Spinach Salad w/Carrots Italian Dressing Grape Juice Fig Newton	5 Chef Salad w/Ham, Swiss, Hard Boiled Egg (Romaine, Tomato, Cucumber, Carrots) Salad Dressing Raisins Wheat Dinner Roll Chocolate Chip Cookie	6 Tuna Salad Sandwich on Wheat Bun Carrot Raisin Salad 100% Fruit Juice Watermelon
7 Turkey Sandwich on Wheat Rainbow Pasta Salad Cut Cantaloupe	8 Roast Beef Sandwich on Wheat Broccoli Salad Cranberry Juice Fig Newton	9 Peanut Butter & Jelly Sandwich on Wheat Sliced Cucumbers w/Ranch Dressing Orange Juice Oatmeal Raisin Cookie	10 Ham & Swiss Sandwich on Rye Macaroni Salad Apple Juice Chocolate Pudding	11 Cottage Cheese w/Strawberries Carrot Raisin Salad Wheat Roll Banana	12 Hard Boiled Egg Three Bean Salad Grape Juice Wheat English Muffin Fruited Yogurt	13 BLT Bow Tie Pasta Salad w/Chicken Carrot & Pineapple Salad Wheat Roll Lorna Doone
14 Tuna Salad Sandwich on Wheat Cole Slaw w/Carrots Fruit Punch Tapioca Pudding	15 Roast Beef Sandwich on Rye Macaroni Salad w/Carrots Broccoli Salad Applesauce w/Cinnamon	16 Chicken Salad Sandwich on Wheat Carrot Raisin Salad Orange Juice Banana	17 Turkey Sandwich on Wheat Potato Salad Cranberry Juice Graham Crackers	18 Peanut Butter & Jelly Sandwich on Wheat Shredded Carrots w/Pineapple Fruit Punch Fruited Yogurt	19 Egg Salad Sandwich on Wheat Roll Pickled Beets Apple Juice Lorna Doone	20 Cottage Cheese w/Pineapple Grape Tomatoes Three Bean Salad Wheat Roll Fig Newton
21 Swiss Cheese Sandwich w/Lettuce & Tomato on Rye Cole Slaw w/Carrots Fresh Orange	22 Ham Sandwich on Rye Three Bean Salad Orange Juice Chocolate Pudding	23 Meatloaf Sandwich on Hamburger Bun Cole Slaw w/Carrots Apple Juice Sugar Cookie	24 Cottage Cheese w/Hard Boiled Egg Pickled Beet Salad Cranberry Juice Wheat Roll Fresh Banana	25 Roast Beef Sandwich on Wheat Spinach Salad w/Shredded Carrots Dressing Orange Juice Oatmeal Cookie	26 Chicken BLT Pasta Salad on Bed of Lettuce V-8 Juice Pineapple Chunks Wheat Bread Graham Crackers	27 Swiss Cheese Sandwich w/Lettuce on Wheat Potato Salad w/Carrots Mandarin Oranges
28 Tuna Salad Sandwich on Wheat Broccoli Salad Raisins Fresh Apple	29 Egg Salad Sandwich on Wheat Pasta Salad w/Broccoli Pears	30 Cottage Cheese w/Hard Boiled Egg Carrot Raisin Salad V-8 Juice Wheat Roll Fresh Banana	31 Tuna Salad Sandwich on Wheat Spinach Salad w/Tomato & Carrots Dressing Cranberry Juice Lorna Doone	Notes:		

