

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Tuna Salad Sandwich on Wheat Bread Spinach Salad w/Tomato & Carrots French Dressing Tropical Fruit Salad	2 Swiss Cheese Sandwich on Wheat Bread Sweet Potato Salad Pineapple Juice Oatmeal Cookie	3 Ham Sandwich on Rye Bread Broccoli Salad Raisins Fig Newton	4 Roast Beef Sandwich on Wheat Bread Potato Salad w/Carrots Cranberry Juice Fruited Yogurt
5 Cottage Cheese w/Peaches on Lettuce Pasta Salad w/Broccoli Rye Bread Lorna Doone	6 Chicken Salad Sandwich on Wheat Bread Coleslaw w/Carrots Grape Tomatoes Rice Pudding	7 Chef Salad w/Munster Cheese & Hard Boiled Egg Ranch Dressing Wheat Roll Peaches	8 Chef Salad w/Munster Cheese & Hard Boiled Egg Ranch Dressing Wheat Roll Peaches	9 Roast Beef Sandwich on Rye Bread Pasta Salad w/Broccoli Grape Juice Fig Newton	10 Egg Salad Sandwich on Wheat Bread Spinach Salad w/Tomato and Carrots Italian Dressing Mandarin Oranges	11 Tuna Salad Sandwich on Wheat Hamburger Bun Carrot/Raisin Salad Fruit Punch Grapes
12 Turkey Sandwich on Wheat Bread Cabbage and Apple Slaw Cranberry Juice Vanilla Pudding	13 Cottage Cheese w/Pineapple Spinach Salad w/Tomatoes & Carrots French Dressing Wheat Bread Graham Crackers	14 Peanut Butter & Jelly on Wheat Bread Grape Tomatoes Apple Juice Fruited Yogurt	15 Ham & Swiss Sandwich on Rye Bread Carrot/Raisin Salad Mandarin Oranges	16 Roast Beef Sandwich on Wheat Roll Broccoli Salad V-8 Juice Fig Newton	17 Egg Salad Sandwich on Wheat Bun Three Bean Salad Applesauce Oatmeal Raisin Cookie	18 Tuna Salad Sandwich on Wheat Roll Pasta Salad w/Broccoli Orange Juice Lorna Doone
19 Turkey Sandwich on Wheat Bread Cole Slaw Mixed Melon Cup	20 Chicken Salad Sandwich on Rye Bread Carrot/Raisin Salad Grape Juice Fresh Banana	21 Egg Salad Sandwich on Wheat Roll Pickled Beets Apple Juice Lorna Doone	22 Roast Beef Sandwich on Wheat Bread Broccoli Salad Applesauce w/Cinnamon	23 Turkey Sandwich on Wheat Bread Carrot/Pineapple Salad Cranberry Juice Graham Crackers	24 Peanut Butter Baby Carrots Orange Juice Wheat English Muffin Fruited Yogurt	25 Cottage Cheese w/Pineapple Chunks Three Bean Salad Wheat Roll Fig Newton
26 Swiss Cheese Sandwich on Rye Bread w/Lettuce Grape Tomatoes Fresh Orange	27 Meatloaf Sandwich on Wheat Hamburger Bun Coleslaw w/Carrots Plums	28 Ham Sandwich on Rye Bread Spinach Salad w/Shredded Carrots French Dressing Pineapple Juice Chocolate Pudding	29 Cottage Cheese Hard Boiled Egg Grape Tomatoes Fresh Banana Wheat Roll Sugar Cookie	30 Chicken BLT Pasta Salad w/Lettuce Dressing Veggies in Salad Rye Bread Oatmeal Cookie Applesauce	31 Swiss Cheese Sandwich on Wheat Bread Broccoli Salad Fresh Apple	Notes: