

**April- June 2018**  
**Chapman Center Senior Dining Program**  
340 First Street, Albany, NY  
*Lunch 12:00 PM*



*For reservations call Capital Area Council Of Churches 518-562-5450 by noon on Monday*

<b>Tuesday 4/3</b>	<b>Tuesday 4/10</b>	<b>Tuesday 4/17</b>
<p><b>A. Roasted Pork w/ Gravy</b> Mashed Potatoes &amp; Green Beans Stuffing Wheat Bread <i>Birthay Cake</i></p> <p><b>B. Chef Salad with Muenster Cheese, Egg &amp; Turkey</b> Romaine, Tomatoes, Carrots Ranch Dressing</p> <p><b>C. Baked Fish</b></p>	<p><b>A. Baked Chicken w/ Mushroom Gravy</b> Whipped Sweet Potatoes Green Beans Rye Bread <i>Strawberry Shortcake</i></p> <p><b>B. Ham and Swiss Sandwich on Rye</b> Cole Slaw Apple Juice</p> <p><b>C. Baked Fish</b></p>	<p><b>A. Macaroni &amp; Cheese</b> Seasoned Zucchini &amp; Tomatoes Dinner Roll <i>Pineapple</i></p> <p><b>B. Chicken Salad Sandwich on Wheat</b> Marinated Tomato &amp; Cucumber Salad</p> <p><b>C. Baked Fish</b></p>
<b>Tuesday 4/24</b>	<b>Tuesday 5/1</b>	<b>Tuesday 5/8</b>
<p><b>A. Oregano Lemon Chicken</b> Garlic Rosemary Roasted Potatoes California Blend Rye Bread <i>Cranberry Juice</i> <i>Applesauce Cake</i></p> <p><b>B. Soft Chicken Taco</b> Mexican ColeSlaw</p> <p><b>C. Baked Fish</b></p>	<p><b>A. Turkey w/ Gravy</b> Mashed Potatoes Peas &amp; Carrots Wheat Stuffing Applesauce Cake</p> <p><b>C. Baked Fish</b></p>	<p><b>A. Sloppy Joe</b> Roasted Potatoes Sautéed Summer Squash Hamburger Bun <i>Watermelon</i></p> <p><b>B. Cottage Cheese Plate with Peaches and Hard Boiled Egg</b> Carrot Raisin Salad</p> <p><b>C. Baked Fish</b></p>
<b>Tuesday 5/15</b>	<b>Tuesday 5/22</b>	<b>Tuesday 5/29</b>
<p><b>A. Roasted Pork w/ Gravy</b> Mashed Potatoes &amp; Green Beans Stuffing Wheat Bread <i>Applesauce</i></p> <p><b>B. Chef Salad with Muenster Cheese, Egg &amp; Turkey</b> Romaine, Tomatoes, Carrots Ranch Dressing</p> <p><b>C. Baked Fish</b></p>	<p><b>A. Baked Chicken w/ Mushroom Gravy</b> Whipped Sweet Potatoes Green Beans Rye Bread <i>Strawberry Shortcake</i></p> <p><b>B. Ham and Swiss Sandwich on Rye</b> Cole Slaw Apple Juice</p> <p><b>C. Baked Fish</b></p>	<p><b>A. Macaroni &amp; Cheese</b> Seasoned Zucchini &amp; Tomatoes Dinner Roll <i>Pineapple</i></p> <p><b>B. Chicken Salad Sandwich on Wheat</b> Marinated Tomato &amp; Cucumber Salad</p> <p><b>C. Baked Fish</b></p>

Tuesday 6/5	Tuesday 6/12	Tuesday 6/19
<p><b>A. Oregano Lemon Chicken</b> Garlic Rosemary Roasted Potatoes California Blend Rye Bread Cranberry Juice Applesauce Cake</p> <p><b>B. Soft Chicken Taco</b> Mexican ColeSlaw</p> <p><b>C. Baked Fish</b></p>	<p><b>A. Turkey w/ Gravy</b> Mashed Potatoes Peas &amp; Carrots Wheat Stuffing Applesauce Cake</p>	<p><b>A. Sloppy Joe</b> Roasted Potatoes Sautéed Summer Squash Hamburger Bun Watermelon</p> <p><b>B. Cottage Cheese Plate with Peaches and Hard Boiled Egg</b> Carrot Raisin Salad</p> <p><b>C. Baked Fish</b></p>
<p><b>6/26</b></p>	<p><i>This Congregate Dining Program is funded in large part through support from the Albany County Department for Aging, the New York State Office for Aging, and the Administration on Aging. All Albany County congregate meal programs allow for a suggested contribution of \$3.00. Contributions are very much appreciated, and go directly to support and expand the congregate meal program. <b>Contributions are voluntary, confidential, and purely optional.</b></i></p> <p><i>All seniors are welcome and encouraged to attend our meal programs and no one <b>with a reservation</b> will be turned away due to an inability to make a contribution.</i></p> <p><i>All meals are served with 1% milk. Some items may be subject to last minute <b>substitution.</b></i></p>	
<p><b>A. Roasted Pork w/ Gravy</b> Mashed Potatoes Green Beans Stuffing Wheat Bread Applesauce</p> <p><b>B. Tuna Salad Sandwich</b> Cucumber Radish Salad</p> <p><b>C. Baked Fish</b></p>		

